Badminton Coaching

Are you new to playing badminton or would you simply like to improve your game and boost your confidence before joining one of our friendly clubs?

Wendy Adams is an ex-International player and a Level II coach who, as well as assisting in the coaching of a number of Sussex County players, offers regular group and individual coaching sessions at The Triangle Leisure Centre in Burgess Hill.

Whether you’re a complete novice or simply want to improve on a particular area of your game, Wendy’s enjoyable and informative training sessions will put you on the path to success.

Why not contact Wendy at: [badwendy20@gmail.com](mailto:badwendy20@gmail.com)

Price Guide

Beginners (1 hour): member = £7.30, non-member = £8.10

Improvers / Intermediates (2 hour): member £8.75, non-member £9.70

NB Membership is membership of Triangle Leisure Centre / Places for People Leisure